

No cost un-counseling

(but time and attention)

Do you not love living as much as you'd like to?

Is your life not as joyful or as wonderful as you'd like it to be?

Is there little you look forward to?

Is your experience one of angst or of dull grey emotionlessness?

I may be of use to you:
I've been asking how to have the best experience possible for years.
I've succeeded in improving and maintaining the quality of my experience.
I am now seeking to improve my experience more by finding a way of helping others that I find particularly meaningful and fun.

We can arrange a meeting that you and I can look forward to.

You may find talking with me about your experience improvement strategies to be helpful.

We can practice and experiment creating the kind of experience that helps you love living.

We can meet by phone, or in person at a public place of your choice weekdays after 2 p.m., weekends anytime. Call me, Colin, at 917 362 1202.

There is a lot about how things are that makes loving living harder than it could be. Yet the joyful can't all be on Prozac.

If everyone dreamed as you will have to dream to have the best, and if some of those who dream realize their dreams—

Previous projects:

The being group
For the creation and discussion of experience.

The meaning in life forum.
A being-like group focusing on the experience of meaning in life.

Papers:
The experience of meaning in life from a psychological perspective.

The effect of participation in the meaning in life forum on participants' experiences of meaning in life.

For more information:
<http://experienceart.org>

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